

WESTERN CAROLINA MEDICAL SOCIETY

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Doctor's Corner



WCMS Physician Helps Redesign Surgical Component to Expand Use of Successful Reverse Shoulder Replacement Surgery

As part of a nationwide four-member surgeon design team, local orthopaedic surgeon Gordon I. Groh, MD, a board-certified specialist in shoulder, elbow and hand surgery and a member of WCMS, has developed a redesigned humeral component for the reverse shoulder prosthesis now released and marketed by DJO Global for unrestricted use.

Gordon Groh, MD Austin, Texas-based DJO Surgical has launched its new RSP Monoblock™ shoulder system, an extension of its very successful Reverse® Shoulder Prosthesis shoulder system, or “RSP.” The RSP Monoblock expands the indications for reverse shoulder arthroplasty to include fractures, which will greatly increase the number of patients that can be treated with an RSP. In addition, DJO Surgical is releasing a number of conversion modules that will permit surgeons to easily transition from a primary total shoulder to a reverse shoulder arthroplasty, and from a reverse shoulder arthroplasty to a hemi-arthroplasty. These new modules will enhance the surgeon’s ability to treat a number of modalities with the system and will allow for greater interoperative flexibility.

In addition to research and maintaining his busy practice at Blue Ridge Bone & Joint, Dr. Groh spends significant time teaching, and has presented in every major city in the U.S., as well as in Mexico, Canada and Japan. Recently he served as faculty for the Masters in Shoulder Arthroplasty course taught at the Foundation for Orthopaedic Research and Education (FORE) in Tampa, FL. He also served as the course moderator for a session on elbow surgery, as well as total shoulder and reverse shoulder replacement. The two-and-a-half day course was designed to provide orthopaedic surgeons with a comprehensive update on the surgical treatments for various shoulder and elbow disorders. The course was attended by orthopedic surgeons from throughout North America.

In February, Dr. Groh served as the course chairman for an instructional series on reverse shoulder replacement at the annual meeting of the American Academy of Orthopaedic Surgeons, the preeminent provider of musculoskeletal instruction for orthopaedic surgeons and others in the world. He has been reappointed to the 2013 AAOS Annual Meeting Education Subcommittee and will present Reverse Shoulder Arthroplasty – Beyond the Basics, at the 2013 annual meeting of the AAOS in Chicago.

Dr. Groh is recognized nationally for his expertise, having been named in 2011 one of the **65 Outstanding Shoulder Surgeons and Specialists** in the country by *Becker's Orthopedic, Spine & Pain Management Review*. Only five other shoulder surgeons across the Southeast were honored with this recognition, selected based on their expertise in shoulder surgery, positions of leadership in professional organizations and institutions, research and development in the field, and their reputation among other physician leaders.

Dr. Groh is one of only four orthopaedic surgeons in the nation to hold memberships in the American Shoulder and Elbow Surgeons (ASES) society as well as the American Society for Surgery of the Hand (ASSH). He recently advanced to active status in ASES, open by invitation only, an educational body of select leading national and international orthopaedic surgeons who specialize in surgery of the shoulder and elbow. ASSH is the oldest medical specialty society in the U.S. devoted entirely to continuing medical education related to hand surgery.

Prior to joining Blue Ridge Bone & Joint 17 years ago, Dr. Groh served as a full-time faculty member and director of shoulder and elbow surgery at the University of Colorado School of Medicine in Denver.

For more information about Dr. Groh, call Blue Ridge Bone & Joint at 258-8800 in Asheville or 692-4318 in Hendersonville, or visit www.DrGordonGroh.com.