



PRESS RELEASE
APRIL 2010

ASHEVILLE SHOULDER SPECIALIST PUBLISHES RESEARCH

Research on the treatment of dislocated shoulders, led by Asheville orthopaedic surgeon Dr. Gordon I. Groh, has been published in the April 2010 *Journal of Shoulder and Elbow Surgery* ([Vol. 19, Issue 3](#)). Dr. Groh is a board-certified specialist in shoulder, elbow and hand surgery at Blue Ridge Bone & Joint, with offices in Asheville and Hendersonville.

Dr. Groh's research followed the cases of patients at Blue Ridge Bone & Joint over the course of 32 years with a rare injury, traumatic inferior shoulder dislocation. Due to the unusual nature of the injury, known medically as luxatio erecta, the outcome of treatment for it had been ill defined. Patients who received treatment were evaluated with respect to pain, function, range of motion, strength and patient satisfaction. The study showed that surgical treatment in these patients yielded good or excellent results in a large majority of cases, providing critical information for other specialists in shoulder surgery to consider in treating their patients.

Prior to joining Blue Ridge Bone & Joint 15 years ago, Dr. Groh served as a full-time faculty member and director of shoulder and elbow surgery at the University Of Colorado School Of Medicine in Denver. He continues to actively pursue research and teaching opportunities, and has presented in every major city in the U.S., as well as in Mexico, Canada and Japan.

He is also active with the American Academy of Orthopaedic Surgeons (AAOS), and serves on key committees for developing continuing medical education for its members. The AAOS is the preeminent provider of musculoskeletal instruction to orthopaedic surgeons and others in the world.

Dr. Groh is one of only four orthopaedic surgeons in the nation to hold memberships in the American Shoulder and Elbow Surgeons (ASES) society as well as the American Society for Surgery of the Hand (ASSH). The ASES, open by invitation only, is an educational body of select leading national and international orthopaedic surgeons who specialize in surgery of the shoulder and elbow. It is responsible for the development of scientific programs and the publication of scientific materials. ASSH is the oldest medical specialty society in the United States devoted entirely to continuing medical education related to hand surgery.

For more information about Dr. Groh, call Blue Ridge Bone & Joint at (828) 258-8800, or visit www.DrGordonGroh.com.

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