



**PRESS RELEASE**  
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## **ASHEVILLE PHYSICIAN PUBLISHES SCIENTIFIC ARTICLES IN INTERNATIONAL JOURNALS**

Local orthopaedic surgeon Gordon I. Groh, M.D., has recently published two scientific articles related to sternoclavicular dislocation, or injury to the joint connecting the breastbone to the collarbone. Dr. Groh is a board-certified specialist in shoulder, elbow and hand surgery at Blue Ridge Bone & Joint, with offices in Asheville and Hendersonville.

Typically caused by falls, motor vehicle accidents and sports and rodeo injuries, sternoclavicular dislocation is rare, but due to the proximity to the trachea, esophagus and lungs, several life-threatening complications can result. In the first paper, "Treatment of traumatic posterior sternoclavicular dislocation," published in the January 2011 *Journal of Shoulder and Elbow Surgery*, Dr. Groh led a study that compared the outcomes of different surgical options for this type of injury.

The second, "Management of Traumatic Sternoclavicular Joint Injuries," published in the January 2011 *Journal of the American Academy of Orthopaedic Surgeons*, reviewed the management of sternoclavicular joint injuries.

The publication of Dr. Groh's papers provides vital information for other specialists in shoulder surgery to consider in treating their patients in an effort to avoid the serious short- and long-term complications of this particular injury. The *Journal of Shoulder and Elbow Surgery*, considered an international forum for the exchange of clinical information, focuses on new medical, surgical and physical techniques, instruments and materials used for treating injury and disease of the upper extremity. The *Journal of the American Academy of Orthopaedic Surgeons* is a clinical review journal focused on clinical diagnosis and management of musculoskeletal conditions.

Prior to joining Blue Ridge Bone & Joint 16 years ago, Dr. Groh served as a full-time faculty member and director of shoulder and elbow surgery at the University of Colorado School of Medicine in Denver. He continues to actively pursue research and teaching opportunities, and has presented in every major city in the U.S., as well as in Mexico, Canada and Japan.

Dr. Groh is one of only four orthopaedic surgeons in the nation to hold memberships in the professional society, American Shoulder and Elbow Surgeons (ASES), as well as the American Society for Surgery of the Hand (ASSH). The ASES, open by invitation only, is an

educational body of select leading national and international orthopaedic surgeons who specialize in surgery of the shoulder and elbow. It is responsible for the development of scientific programs and the publication of scientific materials. ASSH is the oldest medical specialty society in the United States devoted entirely to continuing medical education related to hand surgery.

For more information about Dr. Groh, call Blue Ridge Bone & Joint at (828) 258-8800, or visit [www.DrGordonGroh.com](http://www.DrGordonGroh.com).

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